



Next-level Leadership: Embracing Supervision For Growth

October 2024

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Intro



Have you ever experienced any of the following?



**Professional
growth without
support**



**Resistance to
change**



**Stress &
Burn-out**



Conflicts



Lack of time



**Personal
challenges**



Self-doubt





Coaching supervision
provides a unique
opportunity for individual
skill development and an
enhanced understanding of
one's coaching approach,
irrespective of experience
level.

Coaching Supervision Through the 7-Eyed Model



Lucas; Michelle, 2020



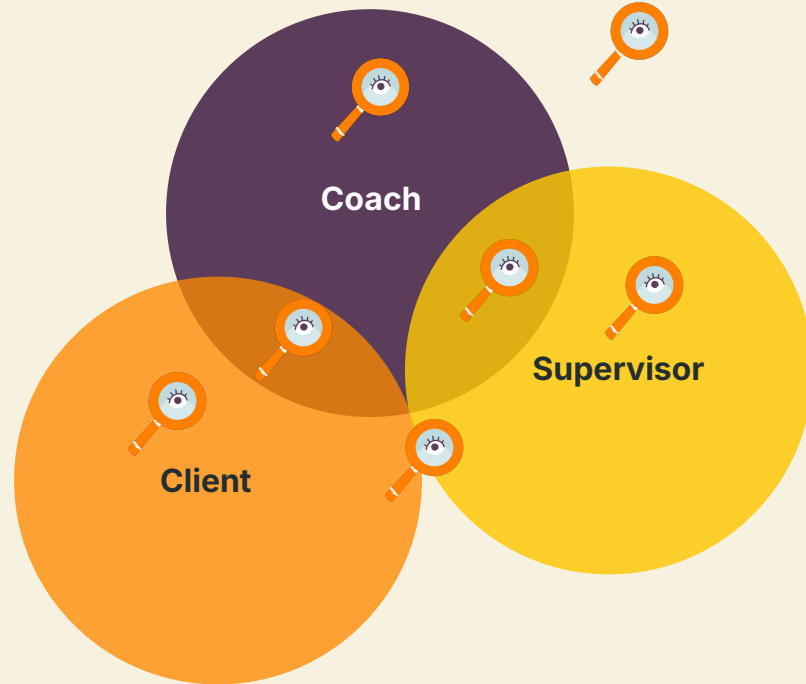
01 Client



02 Coach



03 Supervisor



Why Supervision Matters



**Focus On
Development**



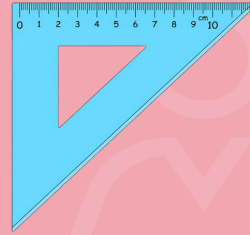
Enhancing Reflective Practice



**Emotional
and
Professional
Support**



**Improving
Professional
Boundaries**



Coaching Community @ Just Eat Takeaway.com

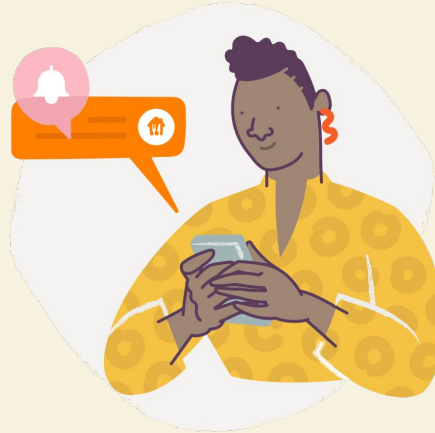
Finds the internal page about coaching.

Requests coaching on #help-coaching channel.

Selects a coach from the coaching pool.



01 Client



Coaching Community @ Just Eat Takeaway.com

Finishes the ILM
Level 5 Coaching
Apprenticeship.

Joins the internal
community.

Adds their profile
to the coaching
pool.

Is selected by the
client.

► **02 Coach**



Coaching Community @ Just Eat Takeaway.com

Becomes an experienced coach.

Joins the internal community.

Adds their profile to the coaching pool.

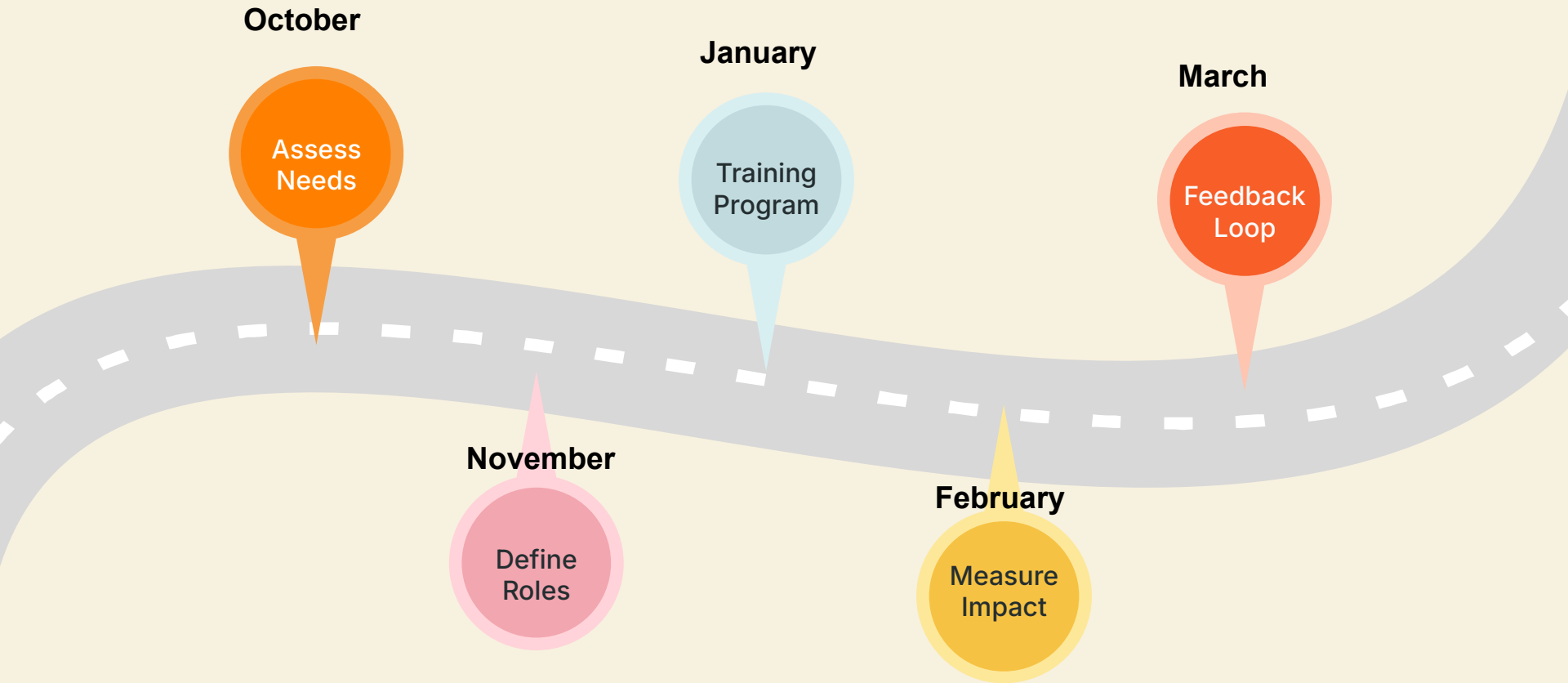
Is selected by the coach.



03 Supervisor



Your Action: Your Roadmap to Initiate Supervision



What Supervision Creates



**Improved Employee
Performance**

1

**Organizational Growth
and Innovation**

2

**Personal
Development for
Coaches**

3



**Increased
Retention Rates**

4

**Improved
Communication**

5

**Risk
Management**

6

1-3-2-1 Reflective Exercise



Ford; Liz in Lucas; Michelle, 2020



“Freeform reflection for a short, timed period in order to uncover thoughts and feelings surrounding a particular topic or situation.”



01

Grab a Pen, Paper & a Timer



02

Choose a Topic



03

Set Timer For 3 Min



04

Start Writing



05

Read Back & Write For 2 Min



06

Stop Writing



07

Set Timer For 1 Minute & Decide Actions



Thank you



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